# How To Replace a Tire

**You Will Need:**
- Flathead Screwdriver
- Manual Tire Pump
- Marathon Replacement Tire and Tube
- Gloves and Eye Protection

**Step One:**
Release the air from the tube. Push the valve stem through the hole so that it is no longer attached to the rim.

**Step Two:**
Use your screwdriver to push the side of the tire out from the rim. Work your screwdriver around the rim so that the tire is removed from the rim on one side.

**Helpful Hit:**
The tire should be loose and separated from the rim as shown in the image below.

**Step Four:**
Use your screwdriver to help remove the rim from the tire. Discard your old tire.

**Step Five:**
Take your new tire and line up the tire and tube with the valve stem. Push one half of the tire onto the rim and pull the valve stem through the hole.

**Step Six:**
Press the other half of your tire onto the rim. Work your way around the tire until all of the sides are within the bead of the rim. You may need to use your screwdriver.

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